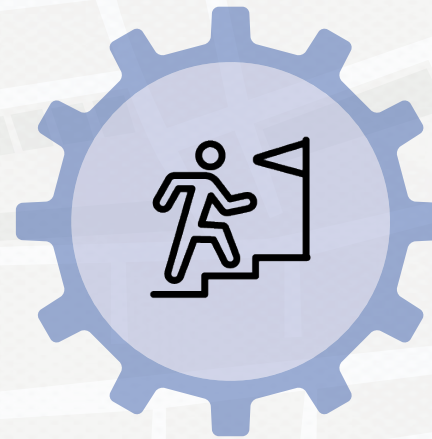


Recovery coaching is a promising approach to address the rising rates of substance use disorders (SUDs) and drug overdoses. Recovery coaching is a process in which a nonclinical professional provides support to individuals with SUDs during their recovery and helps them access care. Lived experience - that is, personal experience with SUDs and/or family member(s) with SUDs - is a key pillar of recovery coaching models, as it allows coaches to relate deeply with program participants. This infographic summarizes findings from an implementation and outcomes study of recovery coaching services across 11 AmeriCorps-supported organizations serving individuals with SUDs.

Shared personal experience helps program participants and recovery coaches develop trust and establish rapport.



Program participants and recovery coaches find community and strong relationships in their recovery coaching programs.



Recovery coaches expressed that coaching helped them maintain their own recovery and reported increases in their ability to help individuals with SUDs.



"There's more of a connection than I would typically get with somebody who is not a [recovery coach]... Like I am putting my experience out there and they can empathize with me. They understand because they've been there, they know."
- Program participant



"I'm starting to come into confidence with myself and that was because I was watching other people here model that behavior."
- Program participant



"The model is peer-to-peer, you know, we're all in it, whether you got 1 year, 2 years, or 18, we're learning from each other. And that's like one of the greatest benefits...it helps me be inspired to stay in recovery."
- Recovery coach

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The [AmeriCorps Office of Research and Evaluation](#) assists AmeriCorps and its partners in collecting, analyzing, and disseminating data and insights about AmeriCorps programs and civic life in America.

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AmeriCorps, the federal agency for national service and volunteerism, provides opportunities for Americans to serve their country domestically, address the nation's most pressing challenges, improve lives and communities, and strengthen civic engagement. Each year, the agency places more than 200,000 AmeriCorps members and AmeriCorps Seniors volunteers in intensive service roles; and empowers millions more to serve as long-term, short-term, or one-time volunteers. **Learn more** at <https://americorps.gov/>.

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[An Evaluation of AmeriCorps Supported Recovery Coach Programs](#)

[Additional information on AmeriCorps-Supported Recovery Coach Programs](#)