

Sample RSVP Work Plan

This sample is for reference only, not for replication.

Performance Measure: 5.1 Companionship	
Community Need to be Addressed: According to the National Health and Aging Trends Study (2002), older veterans who are unmarried or unpartnered are at greater risk of severe social isolation. Research has shown that people experiencing social isolation also have higher risks for high blood pressure, heart disease, obesity, a weakened immune system, anxiety, depression, and cognitive decline, among other physical and mental health effects. This reduces their quality of life and affects their ability to live independently. Working with the local Veterans Administration, we have identified 45 older veterans in our community who are unmarried and unpartnered. AmeriCorps Seniors volunteers are ideally positioned to provide companionship and peer support to these older veterans.	
Focus Area: Veterans and Military Families	Objective: Veterans & Families Served
Anticipated Unduplicated	20
Anticipated Volunteer	32
Service Activity: Companionship	
Service Activity Description:	RSVP volunteers will spend on average 2- 4hours per week with older veterans providing friendly visits and escorting them to appointments at the VA hospital or clinic. Volunteers placed in this service activity agree to serve weekly and the amount of time volunteered will depend on the needs of the clients.
Anticipated	V1: Number of veterans served
Target: 35	How Measured: Tracking System
Instrument Description:	Volunteer Reporter is a software program that is used to track volunteer numbers, placement, and service time/activities.
Anticipated	H9AV: Number of individuals who report improved capacity for independent living
Target: 28	How Measured: Tracking System
Instrument Description:	Results from AmeriCorps's Independent Living Performance Measure Survey, administered to clients once a year in February and compiled and analyzed by the project director.

Number of Volunteer Stations: 2