

Foundational Training for Public Health AmeriCorps

Training Overview

This training plan provides a public health foundation for people who may be new to working in public health. The training plan contains eight sections in the recommended order for completion.

Training Plan Content

Introduction to Public Health (1.4 hours of content)

In this section, you will learn what public health is – its goals, its core functions and services, its history, and how it differs from clinical health, along with key vocabulary.

Health Equity and Environmental Justice (1.6 hours required, 3.0 hours optional)

In this section, you will explore key concepts and practices for health equity.

Communication Skills (4.9 hours required, 6.8. hours optional)

This section introduces key communication skills that will help you work with partners. These include both general communication skills that will serve you well in a broad range of situations, including when working with peers, and health communication, which the Society for Health Communication (2017) defines as "the science and art of using communication to advance the health and well-being of people and populations."

Community Partnerships (1.4 hours required, 1.1 hours optional)

This section introduces key skills for developing, maintaining, and using collaborative relationships with partners to assess and improve community health.

Data Analytics and Assessment (2.0 hours required, 1.0 hours optional)

This section introduces key concepts and skills for learning about community health through data collection and analysis and using assessments in public health.

Policy Development and Program Planning (1.4 hours required, 3.8 hours optional)

This section introduces key concepts in policy development and in program planning, monitoring, and improvement.

Public Health Sciences (1.6 hours required, 1.0 hour optional)

In this section, you will be introduced to five core public health sciences: epidemiology, informatics, surveillance, prevention effectiveness, and laboratory sciences.

Career Pathways: Public Health after AmeriCorps (1.8 hours required, 0.5 hours optional)

In this section, you will explore skills and career pathways in public health and reflect on your experience to date.

All times are approximate.



**U.S. Department of Health and
Human Services**
Centers for Disease Control
and Prevention